

Celebrate Lent with Water to Thrive

by recognizing the simple, essential blessing of clean, safe water.



IN THE BATHROOM: Give up some of your bathroom luxuries. Turn off the faucet during teeth brushing and face washing. Take shorter showers (aim for less than 5 minutes). **NO BATHS!**

WATER ONLY: Give up all drinks except water. This means no coffee, sodas, juice, alcohol, etc. Put the money you would have spent on other beverages towards a water campaign. (And try to use only reusable water bottles!)



COOKING: Use as little water as possible while cooking. It will be a challenge, but remember that this is part of everyday life in rural Africa!

TEN DAYS OF GIVING: After 30 days of giving up basic water needs, spend the last 10 days of Lent giving water to others. Bring water to a friend or a homeless person. Give to a water campaign and help build a well in rural Africa.

